Tanning beds by the NUMBERS

20 minutes
in a tanning bed =
three hours at the
beach with no
sun protection

7.8 million 1.9 million MEN

STILL USE TANNING BEDS

419,000

cases of skin cancer caused by tanning beds each year

6,200

cases of melanoma – the most deadly skin cancer – are linked to tanning beds each year

75%

increase in melanoma risk if you used tanning beds before age 35

14 states

have banned tanning beds for those under 18

California Delaware Hawaii Illinois

Louisiana

Massachusetts Minnesota Nevada New Hampshire North Carolina Oregon Texas Vermont Washington

the university of texas
MD Anderson
Cancer Center

Making Cancer History®