Making Cancer History®

Spinal Cord Compression Management in Cancer Patients

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Disclaimer: This algorithm has been developed for MD Anderson using a multidisciplinary approach considering circumstances particular to MD Anderson's specific patient population, services and structure, and clinical information. This is not intended to replace the independent medical or professional judgment of physicians or other health care providers in the context of individual clinical circumstances to determine a patient's care. This algorithm should not be used to treat pregnant women.

PATIENT PRESENTATION Emergent treatment as follows: Attending physician initiates discussions to determine • Dexamethasone² 10 mg IV STAT followed by Suspected spinal cord appropriate treatment (considering spine stability, extent of compression (severe pain or 16 mg PO daily in divided doses (taper over disease, performance status, and prognosis) with: abnormal neurology, or 2 weeks) Patient • Obtain urgent MRI³ of entire spine without incidental finding on MRI - not • Primary physician regarding prognosis intended for traumatic injuries. contrast (to be reviewed by Radiologist while • If neurological deficits - emergent Neurosurgery consult and patient in MRI to evaluate for addition of contrast) *If in emergency center, triage* Radiation Therapy consult patient as emergent). • Consider bed rest (no walking) • If suspected spinal instability - emergent Neurosurgery consult • If cervical spine lesions suspected, place patient in • If patient neurologically intact - admit for further evaluation Yes Philadelphia Collar Yes by primary service and notify Radiation Oncology and • Baseline neurological exam followed by serial Neurosurgery of patient status and consult Pain neurological exams after steroid treatment MRI • If unclear whether signs and symptoms correlate with MRI and/or neurological supports spinal cord consider Neurology consult symptoms with • Consider dexamethasone² 10 mg IV followed by compression⁴? • Consider Pain consult if clinically indicated progression within • Consider Infectious Disease consult if clinically indicated 16 mg PO daily in divided doses (taper over 48 hours¹? No 2 weeks) No • Obtain MRI³ of entire spine without contrast • Further work-up by treating physician during this encounter (to be reviewed by • Notify Neurosurgery if suspected spinal instability Radiologist while patient in MRI to evaluate for addition of contrast) Primary team to treat with chemotherapy⁵ Tissue diagnosis if Chemosensitive Yes Surgery • Post-treatment follow up clinically indicated disease? Surgery • Re-evaluate symptoms and appropriate? determine further treatment Radiation therapy Radiation Yes therapy appropriate⁶? • Reconsider Neurosurgery Consider use of Frankel Classification to assist with patient's current status (see Appendix A) No ²Use of steroids in undiagnosed lymphomas is not recommended Palliative Care for symptom control ³CT scan if not eligible for MRI ⁴ Consider use of Epidural Spinal Cord Compression (ESCC) Scale for cord compression assessment (see Appendix B)

⁶ Consider radiosensitivity of tumor

⁵ For instances where patient is already receiving chemotherapy, the oncologist will advise on whether treatment should be continued/discontinued/delayed



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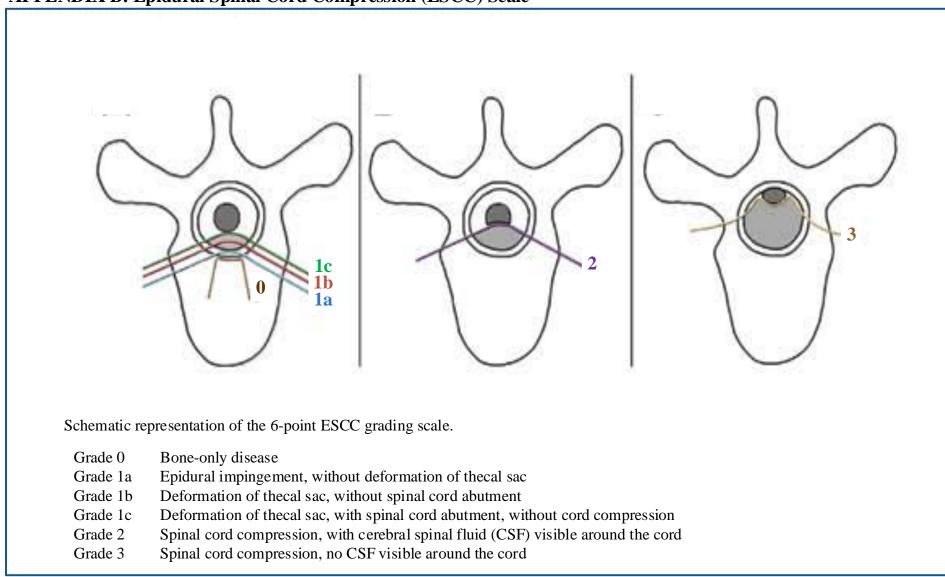
APPENDIX A: Frankel Classification

Grade	Status	Sensory Function Below Level of Compression	Motor Function Below Level of Compression
A	Paraplegia	No sensation	Complete paralysis (no function)
В	Sensory function only	Some sensation	Complete paralysis (no function)
С	Non-ambulatory	-	Some motor function, but of no practical use to the patient
D	Ambulatory	-	Some motor function, but of no practical use to the patient
Е	No neurologic signs or symptoms	Normal	Normal



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APPENDIX B: Epidural Spinal Cord Compression (ESCC) Scale





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