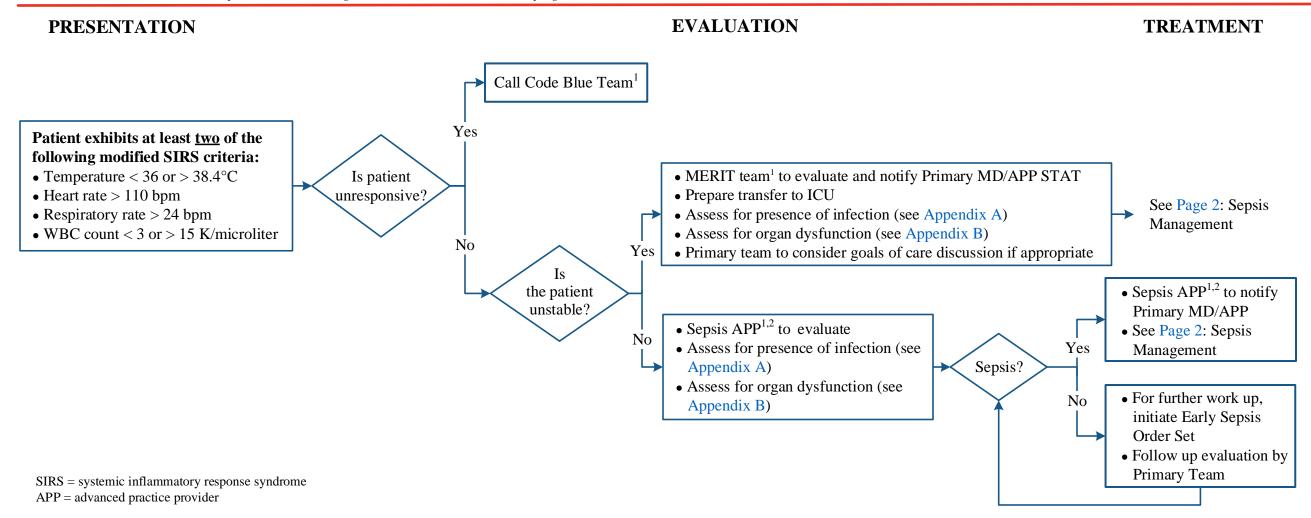


Page 1 of 6

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<sup>&</sup>lt;sup>1</sup> For patients in the Acute Cancer Care Center, only those with an inpatient status will be evaluated by the Code Blue Team, MERIT team and/or Sepsis APP<sup>2</sup>

<sup>2</sup> Sepsis APP only available in pilot area of G20

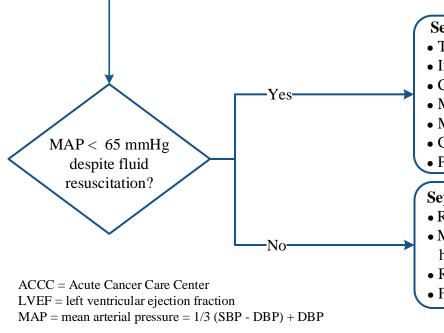
Page 2 of 6

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#### **TREATMENT**

Sepsis Management

- Initiate sepsis orders
- o Blood cultures blood x2. *Do not delay antibiotic therapy if cultures cannot be obtained within 45 minutes.*
- o Give Broad spectrum antibiotics first dose STAT.
- o Cultures from sputum, urine, and other sources as indicated
- o CBC with differential, lactic acid, point of care lactic acid (if available), ABG, basic metabolic panel, magnesium, phosphorus, calcium, PT, PTT, D-dimer, fibrinogen, total bilirubin, direct bilirubin, AST, ALT, alkaline phosphatase, LDH, albumin, and lipase
- o Verify adequate IV access
- o Give fluid challenge of 30 mL/kg crystalloids [e.g., plasmalyte, Lactated Ringer's, sodium chloride 0.9% (NS)]; each liter should be given over 30-60 minutes
- Reduce volume of fluid challenge if patient has history of LVEF < 40%
- Do not use hetastarch fluids
- o Frequent vital signs and neuro checks as ordered
- $\circ$  Maintain SpO<sub>2</sub> > 93% during fluid challenge
- Obtain transthoracic echocardiogram



#### **Septic Shock**

- Transfer to ICU for further management
- If elevated, repeat lactic acid level within 6 hours
- Consider placement of arterial line and central venous access
- Monitor and maintain respiratory/hemodynamic status
- May repeat fluid bolus if indicated
- Consider norepinephrine for persistent hypotension
- Primary team to consider goals of care discussion if appropriate

### **Sepsis**

- Reassess patient frequently
- Monitor and maintain respiratory/ hemodynamic status
- Request appropriate team consults
- Follow up evaluation by Primary Team
- Continue broad spectrum antibiotics
- Assess IV fluid provision
- Review stat labs
- If elevated, repeat lactic acid level within 6 hours

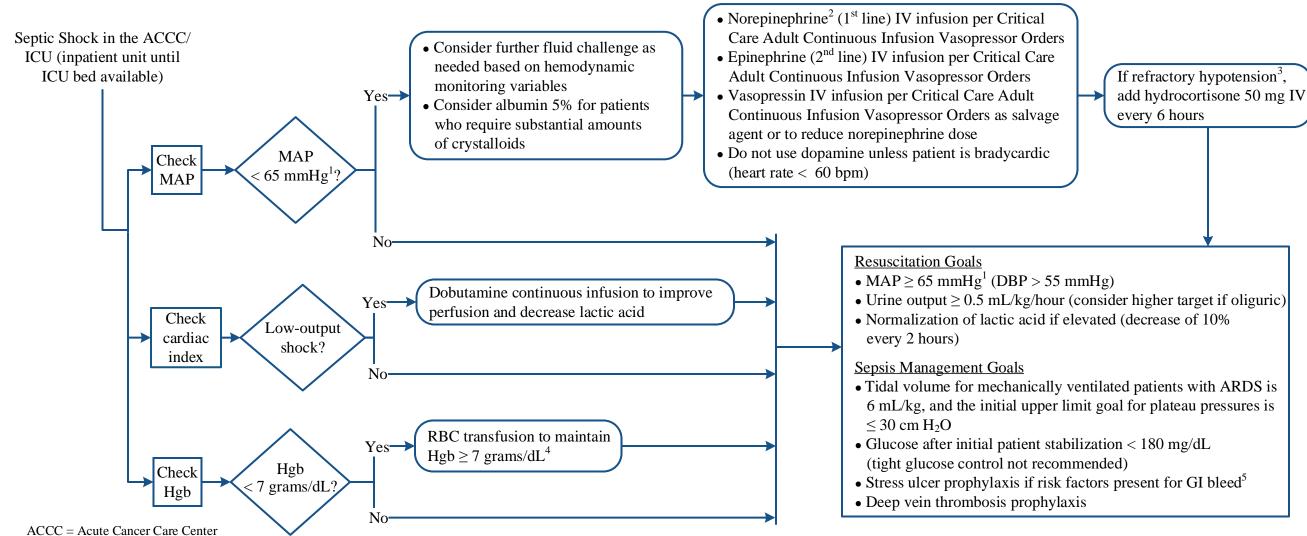
→ See Page 3: ACCC/ICU Management

Making Cancer History

# **Inpatient Sepsis Management - Adult**

Page 3 of 6

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ARDS = acute respiratory distress syndrome

<sup>&</sup>lt;sup>1</sup>Consider higher target if patient has history of hypertension, diabetes mellitus, vasculopathy, increased abdominal pressure, ensuing renal failure, or pulmonary hypertension

<sup>&</sup>lt;sup>2</sup> If inpatient, may start norepinephrine as listed above while awaiting transfer to ICU (notify MERIT and prepare for immediate transfer to ICU)

<sup>&</sup>lt;sup>3</sup> Refractory hypotension is defined as MAP < 65 mmHg despite adequate fluid resuscitation and vasopressors

<sup>&</sup>lt;sup>4</sup> Surviving Sepsis Guidelines recommend that RBC transfusions occur only when hemoglobin concentration decreases to < 7 grams/dL in adults in the absence of extenuating circumstances, such as myocardial ischemia, severe hypoxemia, or acute hemorrhage (strong recommendation, high quality of evidence). For the extenuating circumstances, the goal is > 8 grams/dL.

<sup>&</sup>lt;sup>5</sup>Risk factors for GI bleed: mechanical ventilation > 48 hours, coagulopathy, preexisting liver disease, renal replacement therapy, higher organ failure scores



Page 4 of 6

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### **APPENDIX A: Suspicion of Infection**

- Fever or hypothermia
- Recent surgical procedure
- Immunocompromised
  - Chemotherapy
  - o Steroids/immunosuppressed
  - o Loss of skin integrity
  - o HIV/suspected HIV
- Skin wound
- Invasive device
  - o Central line
  - Foley catheter
- Infiltrate on chest x-ray
- Cough with sputum production
- Diarrhea with or without abdominal pain
- History of diabetes mellitus
- Cirrhosis
- Unilateral sinusitis (and/or facial swelling)

### **APPENDIX B: SOFA Score to Assess for Organ Dysfunction**<sup>1</sup>

Variables	0	1	2	3	4
Respiratory PaO <sub>2</sub> /FiO <sub>2</sub> (mmHg)	≥ 400	300 - 399	200 - 299	100 - 199	< 100
Coagulation Platelets (K/microliter)	≥ 150	100 - 149	50 - 99	20 - 49	< 20
Liver Bilirubin (mg/dL)	< 1.2	1.2 - 1.9	2 - 5.9	6 - 11.9	> 12
Cardiovascular Hypotension	MAP≥70 mmHg	MAP < 70 mmHg	Dopamine < 5 mcg/kg/minute or dobutamine (any dose)	Dopamine 5.1 - 15 mcg/kg/minute, or epinephrine ≤ 0.1 mcg/kg/minute, or norepinephrine ≤ 0.1 mcg/kg/minute	Dopamine > 15 mcg/kg/minute, or epinephrine > 0.1 mcg/kg/minute, or norepinephrine > 0.1 mcg/kg/minute
Central nervous system Glasgow Coma Scale	15	13 - 14	10 - 12	6 - 9	< 6
Renal Creatinine (mg/dL) or Urine Output (mL/day)	< 1.2 -	1.2 - 1.9 -	2 - 3.4	3.5 - 4.9 or < 500 mL/day	≥ 5.0 or < 200 mL/day

 $PaO_2$  = partial pressure of oxygen FiO<sub>2</sub> = fraction of inspired oxygen

<sup>&</sup>lt;sup>1</sup> Increase in SOFA score by 2 or more points from baseline is indicative of organ dysfunction

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